



礁溪寒沐酒店

JIAO XI HOTEL

Taiwan

## 2024 MARCH - MAY INDOOR ACTIVITIES

ACTIVITIES	TIME	CONTENT	GATHERING VENUE	METHOD	FEE	AGES SUITABLE
GENTLE YOGA	Sat./Sun. 7:10AM-7:50AM	Take a deep breath in the morning, focus, and bond with yoga. Free the body while balancing the mind and nourishing the spirit.	At PLAY GROUND	The maximum number for this activity is 10. Please contact PLAY GROUND center and reserve 1 day in advance. First come, first served	FREE	●▲◆
TREKKING THE SECRET PATH	Mon.-Sat. 8:30AM-11:00AM	Meet up with the cutest MU-jan and MUMU-jan, and receive surprise gifts, come give them a hug!	8:20AM At the Lobby	The maximum number for this activity is 15, and the minimum number is 6. Please contact the PLAY GROUND center and reserve 3 days in advance. First come, first served.	FREE	●▲◆
MU TRAIN	Daily 2:00PM-4:30PM	Welcome onboard the MU Train, MUMU-jan and MU-jan will take you for the 5-minute train ride, let's go! *The train leaves every ten minutes. *Please note that for the last train, wait in line at the site before 4:20PM. No passengers will be allowed on board after these times.	At PLAY GROUND	Each train accommodates 4 passengers (under 25 kg, over 2 years old)	FREE	★●▲
MEET UP WITH MU-JAN AND MUMU-JAN	Daily 3:00PM-3:15PM	Meet up with the cutest MU-jan and MUMU-jan, and receive surprise gifts, come give them a hug!	At PLAY GROUND	On-site registration	FREE	★●▲◆
DIY CREATIVITY	Daily 7:00PM-8:00PM	DIY CREATIVITY	At PLAY GROUND	On-site registration	One set per guest room	●▲◆
FUN MOVIE NIGHT ON GRASS FIELD	Daily 8:00PM-9:30PM	Laser video display exclusively sponsored by Epson! With lower blu-ray, eye protecting feature, you never need to worry if your kids get too close to the screen. Enjoy with your family, entertainment on the big 100-inch screen!	At PLAY GROUND	On-site registration	FREE	●▲◆
WEEKENDS ONLY LASER GUN COMPETITION	Every Saturday and Sunday actice Match 2:00PM-4:30PM Qualifying 4:30PM-5:30PM Quarter finals 8:00PM-9:30PM	"VariShot"- An interactive electronic laser gun target game along with a world-class safety course, solo or in pairs! The target will flash red and green, to show you whether or not you have hit the target within the set time. It's a true test, for all ages, of coordination, relaxation, speed, and reflexes.	At PLAY GROUND	On-site registration	FREE	●▲◆
MOSS BALL PLANTING	Daily 7:00PM-8:30PM	An indoor plant suits anyone who does not have time to take care of plants. Bring nature into your life with a hand made moss ball plant.	At PLAY GROUND	Please contact PLAY GROUND center and reserve 1 day in advance.	TWD300 /per person TWD500 /2 persons	●▲◆

**NOTE** ◎Activities suitable for ages: ★0-3 years old ●4-6 years old ▲7-12 years old ◆above 13 years old.

◎Activities only for in-room guests; not available for guests that have checked out.

◎Please wear sport clothes and sneakers for the trip to the lake to prevent sports injuries. For the benefit of hotel guests and quality of the activity, reservations are required in advance.

The activities will be cancelled if the weather is not ideal. We apologize for the inconvenience.

◎DIY Activities on-site registration, if there are a large number of applicants. Please follow the staff's instructions.

◎MU JIAO XI HOTEL reserves the right to amend these rules and regulations.

## 2024 MARCH - MAY OUTDOOR ACTIVITIES

ACTIVITIES	TIME	CONTENT	GATHERING VENUE	METHOD	FEE	AGES SUITABLE
WATER CYCLE	Daily 9:00AM-5:00PM	Get your adrenaline pumping on a water bike! Try this exciting water activity, the unique design makes it easy for even beginners to enjoy! Coaches are on hand to provide instructions throughout the process and be sure to bring a partner to assure safety.	Drive to Dongshan River Ecoark No. 172, Sec. 2, Dongshan Rd., Dongshan Township, Yilan County	Please contact PLAY GROUND center and reserve 3 days in advance.	Mysterious Cave Route TWD1000 per person Normal Route TWD700 per person	▲◆
WESTFALL FARMING	Daily 9:00AM-5:00PM *Due to the closing day, Wednesday, we do not accept reservations.*	Wild west themed farm that is full of different western elements. Included is a cute animal area, with Guinea pigs, meerkats, and tortoises which is very suitable for family fun.	Drive to No. 18-17, Dawen Rd., Jiaoxi Township, Yilan County HOMING Westfall Farm	Please contact PLAY GROUND center and reserve 1 day in advance.	TWD200 per person.	★●▲◆
SOHO SUCCULENT ACTIVITY	Monday until Thursday and Saturday until Sunday 09:00AM-05:00PM Every Friday 12:00PM-05:00PM *Due to the closing day, Tuesday, we do not accept reservations.*	It a place that everyone called "Healing Factory", with handmade Succulent Pots, and take the handmade Seed Aluminum Wire Course. Here you can discover hundreds of Succulents, Staghorn Fern, Air Pineapple, and all kinds of plants change color with the seasons.	Drive to WoodChu Succulent No. 9, Pocheng Rd, Yuanshan Township	Please contact PLAY GROUND center and reserve 1 day in advance.	TWD260 per person.	★●▲◆
VEGGIE PICKING DAY	Daily 10:00AM / 02:00PM *Due to farm day off, Wednesday is not open for activity registration.	Activities include seasonal veggie picking, DIY veggie egg roll sessions, Bambi deer, capybara, wallaby, and lop rabbit feeding. Turn yourself into a little farmer for a day! Weather condition is taken into consideration. Veggie picking activity will follow on-site announcement.	Drive to the farm No. 161, Sec. 2, Xingjianxi 1st Rd., Sanxing Township, Yilan County	Please contact PLAY GROUND center and reserve 1 day in advance.	TWD350 per person.	●▲◆
REBIRTH CHOCOLATE	Friday until Monday 01:00PM-09:00PM *Due to the closing days, Tuesday till Thursday, we do not accept reservations.*	Rebirth Chocolate blends story and local ingredients in their chocolate making. In addition to the unique chocolate, they will also share chocolate of various characters and flavors from different regions of the world. The class includes learning how chocolate is made, and the process of making chocolate from cocoa beans.	Drive to the Rebirth Chocolate No. 62,Xi'an St,Yilan City, Yilan County	Please contact PLAY GROUND center and reserve 1 day in advance.	TWD500 per person.	●▲◆

**NOTE** ◎Activities suitable for ages: ★0-3 years old ●4-6 years old ▲7-12 years old ◆above 13 years old.

◎Please call the PLAY GROUND at 03-905-5905 for activities registration. A full registration amount will be charged if cancelation is made on the same day of intended activity. Please call for details.

◎MU JIAO XI HOTEL reserves the right to amend these rules and regulations.



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## 2024年3-5月 館內活動

館內活動	活動時間	館內活動內容	集合地點	參加方式	活動費用	適合年齡
舒活瑜珈	每週六、日 7:10AM-7:50AM	清晨，隨著瑜珈的節奏，身體逐漸甦醒。每一個伸展，每一次呼吸，都在訴說著新的一天的開始。讓瑜珈帶您擁抱早晨陽光，啟動全新的一天。	酒店1樓 樂未央	活動人數上限 10人 請於活動前一天致電1樓樂未央櫃檯預約報名，額滿為止。	免費	●▲◆
秘境導覽之旅	每週一至週六 8:30AM-11:00AM	晨間自然生態之旅，一起探索森林遊樂園及溼地生態池秘境。	8:20AM 酒店1樓大廳 MU接駁車接送	活動成團人數 6人，上限 15 人，請於活動前三天致電樂未央櫃檯報名，額滿為止。	免費	●▲◆
MU幻列車	每日 2:00PM-4:30PM	歡迎搭乘MU幻列車，MUMU醬、MU醬將帶您踏上5分鐘的小火車之旅，出發吧！列車發車間隔為10分鐘一班，欲搭乘旅客請注意。提醒您，欲搭乘末班車者請於4:30PM前至現場排隊等候，逾時將無法搭乘。	酒店1樓 樂未央廊道	每趟列車可乘坐4名 須年滿2歲，25KG以下 小朋友皆可乘坐	免費	★●▲
動手玩創意	每日 7:00PM-8:00PM	大手牽小手一同DIY，製作獨一無二的童玩創造無限歡樂！	酒店1樓 樂未央	活動現場報名參加	每房 免費一份	●▲◆
草原FUN電影	每日 8:00PM-9:30PM	Epson獨家贊助雷射大電視，低藍光真護眼，不用擔心小朋友看電視越看越近，更能輕鬆享受超過100吋大畫面的親子視聽娛樂。	酒店1樓 樂未央	活動現場報名參加	免費	●▲◆
雷射槍限時體驗	每日 8:30PM-9:30PM	「VariShot」，以雷射槍射擊紅綠燈的創意玩法趣味又極富挑戰性，不論單人或雙人皆能享受安全又具精準度射擊的樂趣。快來挑戰誰是快槍俠，在最短時間將所有綠燈擊成紅燈。	酒店1樓 樂未央	活動現場報名參加	免費	●▲◆
氧氣星球 苔球手作	每日 7:00PM-8:30PM	療癒系可愛植栽手作「苔球」，輕鬆地把大自然帶入生活中，快來跟老師一起製作DIY吧！	酒店1樓 樂未央廊道	請於活動前一天致電1樓樂未央櫃檯，預約付費報名。	一人TWD300 兩人TWD500	●▲◆

**注意事項** ◎活動適合年齡圖示說明：★0-3歲 ●4-6歲 ▲7-12歲 ◆13歲以上  
◎晨間健行請穿著運動服裝及運動鞋，以防運動傷害。為維護房客權益與活動品質，將不開放當日報名參加；如遇天候不佳，活動將會取消，敬請見諒。

◎本活動僅限住房房客參加，已退房之貴賓不適用。  
◎手作課程採現場報名，如報名人數眾多請依照現場活動人員指示入場。

## 2024年3-5月 館外活動

館外活動	活動時間	館外活動內容	集合地點	參加方式	活動費用	適合年齡
龜山八景 鯨奇不斷	因應海況及氣候許可，船班資訊可至1樓樂未央查詢。 全程約3小時，需提早30分鐘報到。	乘船悠游龜山島八景，探索神秘的海洋地質景觀，樂賞鯨魚躍於廣闊的太平洋中！	自行開車前往 烏石港乘船1號櫃檯 宏旗號報到 頭城鎮烏石港路 168號	請於活動前一天致電1樓樂未央預約並完成付費報名。	大人 TWD1,000  小孩 TWD800  幼童(3歲以下) TWD320	★●▲◆
水上自行車	每日 9:00AM-5:00PM	前往冬山河生態綠舟，騎上水上自行車讓您的腎上腺素飆升！嘗試一下最受歡迎的水上活動之一，獨特不易翻覆設計，讓無基礎、怕水的旅客也無須擔憂。  全程需聆聽教練的指導，切勿擅自行動，以免發生危險。	自行開車前往 冬山河生態綠舟 宜蘭縣冬山鄉 冬山路二段 172號	請於活動前三天致電1樓樂未央預約並完成付費報名。	神秘洞穴路線 每人TWD1000  一般航線 每人TWD700	▲◆
荒野農場	每日 9:00AM-5:00PM 每周三因農場公休 暫停活動，不受理報名	充滿西部荒野風的農場，馬車、仙人掌、礫石遍布，除了許多逗趣造型的摩艾，還有可愛小動物區，可以看見天竺鼠、逗狐、陸龜，適合親子同遊。	自行開車前往 宜蘭縣礁溪鄉 大塙路18-17號	請於活動前一天致電1樓樂未央預約並完成付費報名。	每人TWD200	★●▲◆
樂活多肉體驗	每週一至四及週六、日 9:00AM-5:00PM 每週五 12:00PM-5:00PM 每周二因工作室公休 暫停活動，不受理報名	擁有「療癒製造所」之稱，提供多肉組盆教學、種子鉛線手作課程。園區種植了上百種的多肉植物、鹿角蕨、空氣鳳梨，各種植物隨季節變色而多彩。	自行開車前往 木渠多肉 樂活農場 宜蘭縣員山鄉 坡城路9-12號	請於活動前一天致電1樓樂未央預約並完成付費報名。	每人TWD260	★●▲◆
田野採收趣	每日 10:00AM / 2:00PM 每週三因農場公休 暫停活動，不受理報名	採收當季鮮蔬、體驗小點心DIY、親餵可愛斑比鹿、水豚君、小袋鼠、長耳兔，輕鬆化身小農夫、農婦！因氣候多變化，蔬菜採收依現場公告為主。	自行開車前往 張美阿嬤農場 三星鄉行健溪一路 二段161號	請於活動前一天致電1樓樂未央預約並完成付費報名。	每人 TWD350	●▲◆
巧克力工坊	週五至週一 1:00PM-9:00PM 每周二至周四公休	睿柏甜點工作坊將故事和風土食材輕輕拌入巧克力，製作出獨一無二的風味芝心巧克力！另外還挑選不同個性和風味的產區巧克力和大家分享。課程包含認識巧克力的製作過程，以及動手製作從可可豆到巧克力的體驗。	自行開車前往 睿柏甜點工作坊 宜蘭縣宜蘭市 西安街62號一樓	請於活動前一天致電1樓樂未央預約並完成付費報名。	每人 TWD500	●▲◆

**注意事項** ◎活動適合年齡圖示說明：★0-3歲 ●4-6歲 ▲7-12歲 ◆13歲以上

◎館外活動預約請致電樂未央櫃檯03-905-5905報名，名額有限，額滿為止，如完成報名者活動當日臨時取消皆收取全額費用，詳細相關規範請來電洽詢。

◎飯店保留修改及舉辦與否權利，請依現場公告為準。