



VALMONT

for

MU

礁溪寒沐酒店

JIAO XI HOTEL

Taiwan

SPA MENU



VALMONT

品牌故事

瑞士頂級保養品牌 VALMONT 擁有悠久醫學美容背景。早於 1905 年成立回春療養莊園，提供專業抗老及回春醫療機構。今日，基於強大的臨床專業知識，VALMONT 運用瑞士優越的醫學美容科技、天然的純淨資源、不斷創新研發出殿堂級護膚品，在全世界擁有追求極致保養的擁護者。

VALMONT 團隊結合高效能產品特性，及獨創的「Butterfly Motion 蝴蝶手法」，療程師手部蝴蝶飛舞般的律動，搭配具音樂療法的瑞士山林樂音，手技的節奏與高效能相輔相成，使肌膚得到最完美的呵護與修復，同時放鬆身心及恢復活力，既深刻又令人驚艷，是 VALMONT 護膚療程在全球高端 SPA 市場中脫穎而出的關鍵。

VALMONT 的品牌核心「藝術與美的相遇」，讓每位旅人來到 VALMONT SPA 猶如進入藝術殿堂之中，遠離城市喧囂，除了視覺的美感饗宴之外，還享有全球最頂級的 SPA 護理及最尊寵的服務。



寒沐專屬 Exclusive

E
X
C
L
U
S
I
V
E

VALMONT SPA 為 MU JIAO XI 礁溪寒沐設計專屬療程，以獨創蝴蝶手法隨著瑞士阿爾卑斯山林間的自然樂音，藉由剪輯為有音樂療法的音頻，帶領貴賓進入近乎冥想的感官放鬆沉浸體驗，採用瑞士高效頂級護膚品，富含野生鮭魚三離子複合 DNA 能量輔以微脂囊技術，瞬間注入能量喚醒肌膚防禦力、凝聚完整呵護與修養復甦，開啟身心靈的自我療癒旅程，從頭到腳奢寵呵護每一位旅人。

沐泉甦活能量療程

MU'S VITALITY JOURNEY

瑞士瓦萊州高地 VALMONT 核心成分冰山泉水洗禮風塵僕僕的旅人，40 分鐘的冰川甦活新肌臉部護理，結合高效護膚品和獨特按摩手技，賦予肌膚所需能量，療程中使用經典明星商品「肌密更新面膜」，為肌膚瞬間煥發鑽石光芒。搭配 60 分鐘的高山能量活力身體護理，迅速恢復疲憊的身體元氣。

Time | Price

100 min 6,900

寒沐頂峰賦活療程

RENEWAL OF PEAK JOURNEY

60 分鐘的巔峰緊提丰彈療程，提供「智能導航微囊及肌密膠原丰彈複合物」，並搭配獨特專屬深層筋膜放鬆手法，以舒緩而深層的按摩透過放鬆和調理肌肉，瞬效拉提臉部 V 線條、抗紋路、鬆弛與下垂。搭配 60 分鐘高山能量活力身體護理，為旅人舒展賦活！

Time | Price

120 min 9,200

寒沐舒靚新娘美妍

BRIDE to BE

迎接人生重要的時刻，要的只有完美，沒有其他。結合 100 分鐘冰雪造光煥白臉部密集護理與 60 分鐘極峯舒活緊緻身體護理，從頭到腳完美呵護，讓你散發耀眼奪目的光采，留下一生最美的記憶。

Time | Price

160 min 12,800

SPA BEAUTY
MENU





臉部護理 Face

F
A
C
E

SPA by VALMONT 是瑞士頂級護膚品牌 VALMONT 集團 40 年來對肌膚活細胞科研的美麗實踐。專業獨特的美容療程呈現了我們的美學概念，以及承襲 VALMONT 瑞士回春醫療莊園百餘年的醫學美容傳統。步入 SPA by VALMONT，開啟獨一無二的臉部與身體護理之旅。

結合專業經驗、高效產品及極其精準獨創的蝴蝶按摩手法，針對個人肌膚需要，延續青春美麗，打造全方位的奢華專屬體驗。

旅人可加選體驗全球熱銷護膚聖品、一片滿載 100% 純天然原生膠原的「活膚再生面膜」，立即達到保濕、緊緻、透亮、修護的驚豔效果，將活細胞抗老保養功效展現地淋漓盡致！並從 80 分鐘療程升級為 100 分鐘的密集護膚療程。

冰川甦活新肌療程

VITLAITY OF THE GLACIERS

甦活新肌療程彷彿踏上冰川健行之旅，為肌膚注入新鮮、紅潤、富含氧氣的活力。結合高效護膚產品和獨特按摩手法，能賦予肌膚所需能量，幫助促進循環，提升新陳代謝，重啟肌膚修復與防禦功能，恢復肌膚活力，再現完美健康膚質。

Time | Price

80 min 6,200

/ /

100 min 8,800

清溪盈潤保濕療程

HYDRATION OF THE BISSES

猶如瑞士瓦萊州高地居民所使用的灌溉渠道，透過緩慢、細緻、放鬆的按摩手法，增進流體循環。該療程使用盈潤保濕安瓶，為肌膚補充所需水分，達到完美水分平衡，為肌膚尋回水潤透亮與細緻飽滿的膚質。

Time | Price

80 min 6,200

/ /

100 min 8,800





冰雪造光煥白療程

LUMINOSITY OF ICE

冰雪晶瑩閃爍最純淨的鑽石般光芒，是所有女士鍾愛的光采。以臉部反射療法為基礎，使用煥白造光安瓶進行按摩，針對參與排毒的器官，提亮膚色、修正肌質，在淨透無瑕美肌上映出耀眼靄光。

Time | Price

80 min | 6,200

/ | /

100 min | 8,800

巔峰緊提丰彈療程

LIFT & FIRMNESS FROM THE PEAKS

肌膚宛若搭上滑雪纜車攀上巔峰，提供「智能導航微囊及肌密膠原丰彈複合物」，並搭配深層筋膜激活手法，以舒緩而深層的按摩透過放鬆和調理肌肉來對抗紋路、鬆弛與下垂。為肌膚帶來撫紋及緊緻效果，瞬效收緊輪廓。

Time | Price

80 min | 7,800

/ | /

100 min | 10,800

登峰造極屹麗療程

L'ELIXIR DES GLACIERS

VALMONT 最頂級奢華臉部療程，結合來自大地、天空及海洋高濃度獨家配方—滋養、澎彈和塑顏護理，兩道面膜、三種按摩手法創造逆齡傳奇之頂尖保養，帶來無與倫比青春永駐之美。

Time | Price

100 min | 14,200

男士甦活新肌臉部療程

GENLEMAN'S AWAKENING

都會男士的護膚進化，從此刻開始。Gentleman's Awakening 男士甦活新肌療程，專為現代男士設計，從足部啟動儀式到眼周提亮與臉部激活，喚醒肌膚與感官活力。搭配 Valmont 矽醇甦活複合 DNA，改善多重老化跡象，補水、緊緻、撫紋一次到位。療程依鬍鬚密度量身調整，並結合肩頸按摩，深層放鬆、重拾自信神采

Time | Price

80 min | 6,200



身體護理 Body

/ 所有身體療程皆包含足浴

短暫脫離忙碌的日常，SPA BY VALMONT 為旅人設計各式按摩手法，搭配品牌瑞士有機植物花園認證萃取之紫錐菊活力按摩油及明星身體護膚品，有效舒緩緊繃肌肉、改善身體循環，喚醒肌膚自身防禦力，讓肌膚更顯光澤，凝聚完整呵護與修養復甦，開啟身心靈的自我療癒旅程。

高山能量活力護理

ENERGIZE & INVIGORATE - ALPINE VITALITY

專為疲憊旅人設計的高山能量活力療程，結合東方經絡疏通與充氧激活能量的概念，兼具放鬆與振奮效果。透過 Valmont 專業手法舒緩疲勞，促進能量律動，並以全身按摩為亮點，帶來深層放鬆與活力注入，同時讓肌膚柔滑細膩。「Effeillage 技術」全程確保隱私與舒適，是身心重啟的最佳選擇。

Time | Price

75 min | 5,700

極峯舒活緊緻護理

PEAK SERENITY & FIRMNESS THERAPY

結合運動概念的塑身按摩護理，專注於肌肉纖維方向操作，結合揉捏、摩擦與撫順手法，75 分鐘深層作用於每個部位，幫助提升身體緊實度與線條感。適合肌肉僵硬、維持身形運動後肌肉放鬆、產後或節食後緊緻，同時能有效對抗歲月痕跡。「Effeillage 技術」全程確保隱私與舒適，是肌肉緊緻彈性同時舒緩的最佳選擇。

Time | Price

75 min | 5,700





附選療程 Mini Add-on

/ 搭配主療程，即可加購迷你護理 / 任選兩種以上迷你護理，即可不需搭配主療程

M
I
N
I
-
A
D
D
-
O
N

● 頭部撥筋刮痧 + 背部經絡敲擊震盪

GUA SHA(HEAD)&MERIDIAN TAPPING TREATMENT(BACK)

推薦壓力大緊繃、用腦過度、睡眠品質不佳的旅人之頭部釋壓療程。同時經由輕拳補氣、重敲洩氣等不同力道疏通背部氣結，敲擊震盪背部帶動氣血循環！

Time | Price

30 min | 2,500

● 身體按摩 (肩膀 / 背部)

UPPER BODY MASSAGE (SHOULDER / BACK)

全程採用深層肌肉舒緩揉捏手法，使忙碌無暇的旅人，快速釋壓，活力滿滿！

Time | Price

30 min | 2,500

● 身體按摩 (腰 / 臀 / 腿部)

LOWER BODY MASSAGE (WAIST/HIP/LEG)

全程採用深層肌肉舒緩揉捏手法，使忙碌無暇的旅人，快速釋壓，活力滿滿！

Time | Price

30 min | 2,500

角質更新 (臉部 / 背部) & 保濕 / 排毒 / 體敷

TARGETED SCRUB (BACK/LEGS) & BODY WRAPPING

背部 / 手臂 / 腿背乾刷後，再以絲柔身體磨砂膏輕柔去角質，最後以身體霜完整包覆肌膚。接著藉由包裹將膚溫與體膚膜精萃注入肌膚，讓人覺得煥然一新！

* 夏季限定 (5 月 ~ 9 月)

Time

Price

30 min

2,500

純膠原修護眼膜

EYE COLLAGEN MASK

100% 膠原深入透肌膚，急速修護受損老化的眼周肌膚，達到肌膚立即淡化細紋、澎彈、緊實。

Time

Price

25 min

1,600

活膚再生面膜

FACE COLLAGEN MASK

100% 膠原深入透肌膚，急速修護受損老化的肌膚，達到肌膚立即淡化細紋、澎彈、緊實。

Time

Price

25 min

3,500



Exclusive

SPA by VALMONT offers a unique treatment exclusively designed for MU Jiao Xi. This special treatment combines bespoke butterfly techniques with the soothing sounds of the Swiss Alps forest, creating an immersive experience that resembles a meditative state and promotes relaxation of all the senses. Using Swiss high-quality premium skincare products—known for their effectiveness, the treatment infuses energy to awaken the skin's natural protection ability and provides comprehensive rejuvenation—initiating a healing journey for the body, mind and soul, offering pampering from head to toe to every discerning traveler.

MU'S VITALITY JOURNEY



Created with the spring water of icebergs from Valais Highland, Valmont cleanses off the weariness of the travellers. This treatment offers a 40-minute Vitality of the Glaciers facial treatment that integrates highly effective skincare products with unique massage techniques, infusing energy necessary for the skin. The brand's famous skin revitalization mask is applied to offer the skin a diamond-like immediate brilliance. Besides, a 60-minute Energize & Invigorate-Alpine Vitality body care treatment is ready to help the travellers recover from exhaustion and restore their energies.

Time	Price
------	-------

100 min	6,900
---------	-------

RENEWAL OF PEAK JOURNEY



A 60-minute Lift from the Peaks Anti-Wrinkle Facial Care provides precise application of "C-DRONE." This treatment incorporates a unique and exclusive V-Line deep fascia relaxation technique, employing soothing and deep massage to relax and condition muscles. The instant effects include lifting the facial V-lines, combating wrinkles, and addressing sagging and looseness.

Paired with a 60-minute ENERGIZE & INVIGORATE-ALPINE VITALITY Body Care, it rejuvenates and invigorates travelers, allowing them to stretch and revitalize.

Time	Price
------	-------

120 min	9,200
---------	-------

BRIDE to BE

In the pursuit of embracing life's most momentous occasions, only perfection will meet your standards. Our exceptional offering guarantees flawlessness in every aspect. Get ready to elevate your experience with our all-inclusive package, harmonizing the luxurious 100-minute Luminosity of Ice intensive facial treatment with the invigorating 60-minute Fit & Tone-Peaks of Slimness body treatment. Meticulously curated, these therapies provide comprehensive care, unveiling your inner luminosity and crafting an indelible memory that encapsulates your innate beauty.

Time

Price

160 min

12,800





Face

VALMONT SPA embodies the culmination of VALMONT's four decades of dedicated research into cellular skincare, showcasing the beauty and excellence of the esteemed Swiss premium skincare brand. Our exceptional beauty treatments, infused with VALMONT's aesthetic principles and the rich heritage of Swiss aesthetic medicine, offer an unique and professional experience.

Step into the world of VALMONT SPA and embark on an extraordinary journey of facial and body skincare. Our treatments combine expert knowledge, highly effective products, and the exquisite butterfly motion, all tailored to meet the specific needs of your skin. Through our exclusive, comprehensive, and luxurious approach, we strive to preserve youthfulness and enhance natural beauty.

For an added touch of skincare indulgence, travelers can indulge in our renowned Regenerating Collagen Mask, global bestseller. This mask, enriched with 100% pure collagen, delivers astonishing hydration, firming, illumination, and repairing effects, maximizing the potential of anti-aging cellular care. The 80-minute treatment is elevated to a 100-minute intensive skincare experience, ensuring unparalleled results.

VITALITY OF THE GLACIERS



The Vitality of the Glaciers treatment emulates the invigorating sensation of hiking through glaciers, enabling the skin to breathe deeply and revealing its vibrant, rosy hues through an infusion of revitalizing energy. This extraordinary experience combines potent skincare products with a personalized massage technique, providing the skin with the necessary vitality, improving circulation, and boosting the metabolic system. By reactivating the skin's repair and protection functions, this treatment unveils a flawless, radiant complexion that exudes health and wellbeing.

Time	Price
80 min	6,200
/	/
100 min	8,800

HYDRATION OF THE BISSES

Drawing inspiration from the irrigation channels utilized by the inhabitants of Switzerland's Valais highland, this treatment optimizes the flow of fluids within the skin through a gentle, unhurried, and soothing massage technique. Incorporated into the session, the Hydration Ritual Ampoule infuses the skin with essential moisture, facilitating a harmonious hydration equilibrium and restoring a luminous, well-moisturized, and refined complexion.

Time	Price
------	-------

80 min	6,200
--------	-------

/	/
---	---

100 min	8,800
---------	-------

LUMINOSITY OF ICE

The pure radiance of snowflakes embodies the ultimate aspiration of radiant women. With the infusion of the Luminosity Ampoule during the massage, this treatment illuminates the complexion and rectifies the skin, unveiling a pristine, flawless appearance accompanied by a captivating luminosity.

Time	Price
------	-------

80 min	6,200
--------	-------

/	/
---	---

100 min	8,800
---------	-------

LIFT & FIRMNESS FROM THE PEAKS

Similar to a rejuvenating ski lift for the skin, this treatment incorporates the potent "C-DRONE" at different concentrations and employs deep fascia relaxation techniques. Through a slow and profound massage, it combats the appearance of wrinkles, sagging, and loss of firmness, simultaneously relaxing and toning the muscles. This comprehensive approach softens the appearance of wrinkles and imparts a firming effect to the skin, leaving it revitalized and rejuvenated.

Time	Price
------	-------

80 min	7,800
--------	-------

/	/
---	---

100 min	10,800
---------	--------



L'ELIXIR DES GLACIERS

This exquisite luxury facial treatment meticulously crafted by VALMONT merges the finest elements from land, sky, and sea to formulate an exceptionally intensive blend that nourishes, enhances, and boosts the skin's firmness. Through the application of four masks and the utilization of three expert massage techniques, this heavenly anti-aging miracle surpasses the visible signs of aging and cultivates an enduring beauty that endures over time.

Time

Price

100 min

14,200

GENTLEMAM'S AWAKENING

Urban Skincare Reimagined for the Modern Man. Gentleman's Awakening is a facial ritual crafted for today's refined man. From a soothing foot initiation to revitalizing eye and facial massage, the journey restores clarity and energy. Infused with Valmont's Si-DNA complex, it hydrates, firms, and smooths visible signs of aging. Tailored to beard density and paired with a relaxing shoulder massage, the experience leaves skin visibly renewed and confidence naturally restored.

Time

Price

80 min

6,200



Body

/ All body treatments include foot bath.

/ すべてのボディトリートメントにフットトリートメントが含まれています。

Experience a momentary retreat from the daily hustle and bustle in a serene location nestled near the picturesque lake and majestic mountains. VALMONT SPA presents a collection of exclusive massage techniques expertly crafted for travelers seeking ultimate relaxation. Enriched with the renowned Echinacea Vitality Massage Oil, extracted from a Swiss-certified organic plant garden, and complemented by other exceptional products, our massage treatment gently alleviates muscle tension, enhances body circulation, and revitalizes the skin's natural defense, unveiling a heightened radiance. Embark on a transformative journey of healing and rejuvenation for the body, mind, and spirit, where comprehensive care and recovery await.

ENERGIZE & INVIGORATE-ALPINE VITALITY



The ENERGIZE & INVIGORATE-ALPINE VITALITY, designed specifically for weary travelers, combines Eastern meridian therapy with oxygenating and energy-activating massage techniques, offering both relaxation and invigoration. Through Valmont's professional methods, it relieves fatigue, promotes energy flow, and features full-body massage as its highlight, delivering deep relaxation and renewed vitality while leaving the skin perfectly smooth and soft. The "Effeillage technique" ensures privacy and comfort throughout, making it the ultimate choice for rejuvenating both body and mind.

Time

Price

75 min

5,700

PEAK SERENITY & FIRMNESS THERAPY



This body-shaping massage treatment is inspired by fitness concepts and focuses on movements aligned with muscle fiber directions. Combining kneading, friction, and smoothing techniques, this 75-minute deep massage works on each area to enhance body firmness and contours. It is ideal for relieving muscle tension, maintaining body shape, post-workout muscle relaxation, postpartum or post-diet firming, and effectively combating the signs of aging. The "Effeillage technique" ensures privacy and comfort throughout the session.

Time

Price

75 min

5,700





Mini Add-on

/ Mini Add-on treatments are meant to be paired with main treatments.

/ Main treatments are not mandatory if two or more Mini Add-on treatments are selected.

GUA SHA(HEAD) & MERIDIAN TAPPING TREATMENT(BACK)



Through gentle tapping to stimulate the flow of vital energy (qi) and firmer tapping to alleviate tension, this treatment effectively relieves stagnation on the back using a range of tapping pressures. By incorporating back tapping and vibration, it promotes enhanced circulation of blood and energy, revitalizing and rejuvenating the body.

Indulge in this highly recommended head de-stress treatment, specially curated for weary travelers who frequently endure pressure and overwork, yearning for restful sleep and rejuvenation.

Time

Price

30 min

2,500

UPPER BODY MASSAGE (SHOULDER / BACK)



Throughout the entire procedure, a soothing kneading technique is employed to gently relax and soothe the deep muscles, providing a rejuvenating treatment for busy travelers seeking to restore their vitality and regain full strength.

Time

Price

30 min

2,500

LOWER BODY MASSAGE (WAIST/HIP/LEG)



Throughout the entire procedure, a soothing kneading technique is employed to gently relax and soothe the deep muscles, providing a rejuvenating treatment for busy travelers seeking to restore their vitality and regain full strength.

Time

Price

30 min

2,500

TARGETED SCRUB (BACK/LEGS) & BODY WRAPPING



Commencing with a gentle dry brushing technique on the back, arms and back of the legs, this treatment prepares the skin for renewal. Subsequently, soothing body scrubs are carefully applied to exfoliate and refine the skin's texture. The journey concludes with the enveloping application of a luxurious body cream, cocooning the entire body in nourishing hydration.

The body wrapping treatment combines the essence of a nourishing body mask with the comforting warmth that envelops the skin, catering to the specific needs and desires for a rejuvenating experience.

*Limited time offer from May to September

Time	Price
------	-------

30 min

2,500

EYE COLLAGEN MASK



Immerse your skin in the transformative power of 100% collagen infusion, swiftly restoring and rejuvenating damaged and aging skin. Witness the immediate results as lines soften, the skin becomes supple, and a visibly firmer appearance emerges, leaving you with a renewed sense of beauty and vitality.

Time	Price
------	-------

25 min

1,600

FACE COLLAGEN MASK



Immerse your skin in the transformative power of 100% collagen infusion, swiftly restoring and rejuvenating damaged and aging skin. Witness the immediate results as lines soften, the skin becomes supple, and a visibly firmer appearance emerges, leaving you with a renewed sense of beauty and vitality.

Time	Price
------	-------

25 min

3,500



服務條款及注意事項

Terms of service & Notice

🕒 · 營業時間

星期一至星期日 13:00-22:00

Opening Hours

13:00-22:00

預約 & 療程室使用時間

療程皆須事先預約，並請您準時赴約。如有延遲，將會壓縮到療程時間，感謝您的配合。最晚預約時間為 20:30，僅限 80 分鐘療程。如需取消療程，請於預約時間前 24 小時以電話告知，否則將酌收 NT\$1,000 元預約費。

身體療程除按摩時間外，療程房間使用預留前後共 30 分鐘沐浴時間。每超過 30 分鐘，酌收 NT\$1,000 元。

Reservations & Arrival Time

To ensure that you secure your preferred time and treatment, we highly recommend making advance reservation. Please provide our spa concierge with valid credit card information or room number and contact details to confirm your booking. Kindly note that the last booking time available is 21:30 and we accept exclusively 80 minutes treatments during this period. All reserved services are guaranteed to be available for you. However, we kindly request that you notify us of any cancellations at least 24 hours before your scheduled appointment time. Failure to do so or a no-show will result in a NT\$1000 charge. Please be reminded that arriving late will not automatically extend the duration of your treatment. In the event that our spa is fully booked, you will receive the remaining treatment time at the regular rate. We suggest allocating 30 minutes for a shower either before or after your body treatment. Should you exceed the agreed time in your spa room by more than 30 mins, a NT\$1,000 fee will be applied.

👛 · 服務費收取

所有療程費用以療程價格為標準，另加 10% 服務費。

Service charge

Please be aware that a 10% service charge will be applied to all spa treatments as outlined in our brochure.



VALMONT

www.evalmont.com.tw

